

COMMUNITY SERVICES



Be Connected
Every Australian online.

BE Connected - Technology for Seniors

One on One assistance with computers, phones & tablets

Contact us to book a time with our tutor

Donations are appreciated

Cost effective rooms / venue hire with flexible spaces, equipment, AV and Wifi

Children's Birthday Parties

Contact us with your enquiry today



Maternal & Child Health
Mornington Peninsula Shire
Please contact central bookings
on 5950 1099 to make an appointment

Immunisations Mornington Peninsula Shire
Free Immunisation Sessions
Scheduled Fridays
Please call 5950 1099 for bookings and
further information

OUR CENTRE IS A WELCOMING SPACE SITUATED IN THE HEART OF THE MORNINGTON AND MT MARTHA DISTRICT.

COME AND SAY HELLO AND SEE HOW YOU CAN CONNECT, LEARN, PARTICIPATE AND BE A PART OF OUR COMMUNITY.



03 5977 2468

0427 140 049

www.bentonssquare.org.au

communitycentre@bentonssquare.org.au



FIND US

**145 BENTONS ROAD MORNINGTON
(BESIDE BENTONS SQUARE SHOPPING CENTRE)**



BENTONS SQUARE COMMUNITY CENTRE

Term 1 2026
Monday 19th January
to
Thursday 2nd April



145 Bentons Road, Mornington, Vic 3931

03 5977 2468 **www.bentonssquare.org.au**

CHILDREN'S ACTIVITIES



READING ROCKETS

A fast paced school readiness class designed for 4-5 year olds. The focus is on reading, writing and numeracy. Sessions include activities, crafts, games and songs.

When: Every Tuesday at 1.30pm & Thursday at 10.30am

Contact: Maureen on 0423 806 525 or maureen@readingrockets.com.au



LITTLE FISH PLAYGROUP

A community parent/guardian run playgroup for 3 year olds and under. A healthy morning tea is provided.

When: Mondays

Time: 9.00am - 11.00am

Cost: \$5.00 per family

Contact: Community Centre on 5977 2468

HEALTH & WELLBEING



CHAIR YOGA WITH JANE

When: Wednesdays Time: 9.15am - 10.00am
Cost: \$12.00

Contact: Community Centre on 5977 2468 or Jane on 0438 842 558



OPEN AGE YOGA & STRETCHING

When: Wednesdays Time: 10.45am - 11.45am
Cost: \$15.00

Contact: Community Centre on 5977 2468 or Debbie on 0427 744 425



DEBBIE'S STRETCHING

When: Mondays

Time: 9.30am - 10.30am & 10.45am - 11.45am

When: Wednesdays

Time: 9.30am - 10.30am

Cost: \$15.00

Contact: Community Centre on 5977 2468 or Debbie on 0427 744 425



MEDITATION

Join Wai for Meditation & recharge your body & mind.

When: Tuesday 10th & 24th March

Time: 6.30pm - 7.30pm

Cost: FREE

Contact: Wai on 0400 112 897

HEALTH & WELLBEING



BSCC WALKING GROUP

When: Tuesdays & Thursdays

Time: 10.00am

Cost: FREE

Contact: Community Centre on 5977 2468



SMS STRENGTH MOBILITY STABILITY

Suitable for over 55s who wish to improve their mobility and stay active with gentle exercises.

Classes are run by qualified tutors.

Stay for a cuppa and have a chat after the class

Cost: \$7 per class - payable by term

Various dates/times available



EXERCISE 2 MUSIC

Exercise with a combination of low impact, light paced aerobic style sequences to some well known fun music.

When: Tuesdays

Time: 1.30pm - 2.30pm

Cost: \$135 (9 week program)

Contact: Community Centre on 5977 2467 or Jane on 0438 842 558

SUPPORT/SOCIAL GROUPS



AL-ANON FAMILY GROUPS

A family support group meeting for people who live with or are close to somebody suffering from alcohol addiction.

When: Sundays

Time: 10.00am - 11.30am

Contact: 1300 252 666



NA MEN'S GROUP (NARCOTICS ANONYMOUS)

A support group for men for whom drugs have become a problem. Recovering addicts meet regularly to help each other build a new way of life.

When: Tuesdays

Time: 7.30pm - 9.30pm

Contact: Victorian NA Helpline on 9525 2833



MORNINGTON PENINSULA CAMERA CLUB

This social club is for photography lovers.

When:

February 5th & 19th

March 5th & 19th

April 1st

Time: 7.00pm - 10.30pm

Contact: Maree on 0419 532 492

SUPPORT/SOCIAL GROUPS



MEN'S SOCIAL GROUP

This group is for men to come together, socialise and make new friends over a cuppa.

When:

January 29th

February 12th & 26th

March 12th & 26th

Time: 10.00am - 12.00pm

Contact: Ian Easterby on 0414 361 367 or the centre on 5977 2468

projex J GRIEF SUPPORT GROUP

Come together every second month for our free gatherings, where those grieving the loss of a loved one can come together to share, connect and find hope in healing.

Tea/coffee provided.

When: Wednesday April 1st

Time: 5.30pm - 7.00pm

Contact: projexj@gmail.com

SUPPORT/SOCIAL GROUPS



AUSTRALIAN PLANTS SOCIETY

APS is for plant lovers who enjoy meeting like minded people to chat Australian plant species.

When: Third Tuesday of each month

Time: 7.00pm

Contact: Robyn on 0409 412 931

www.apsmorningtonpeninsula.org



REVAMPED JEWELLERY

A not for profit pop up shop that recycles and recreates donated jewellery pieces. All profits are donated to both local and international women's charities. We welcome donations from the general public.

When: Tuesdays

Time: 10.00am - 3.00pm

www.revampedjewellery.com.au



EVENTS



MORNING MELODIES

Tune in for a melodious morning paired with delightful morning tea!
Morning Tea kicks off at 10am, followed by musical magic at 10.30am.

Thursday 26th February

Time: 10.00am - 11.30am
Cost: \$5.00 (a steal for such fun!)

BOOKINGS ESSENTIAL

Contact: Community Centre on 5977 2468



CFA PRESENTATION

A fire safety essentials presentation by the CFA. Topics include understanding the Australian Fire Danger Ratings, fire behaviour, making a plan and what to do if it goes wrong plus more.

Thursday 12th February

Time: 10.30am Cost: FREE

BOOKINGS ESSENTIAL

Contact: Community Centre on 5977 2468



CARE ABOUT PRESENTATION

CareAbout is a FREE advisory service for people over the age of 65. This presentation includes topics such as;

- Getting started with My Aged Care
- Understanding your options for care at home
- Respite, permanent care

Thursday 19th March

Time: 10.30am Cost: FREE
Includes Morning Tea!

BOOKINGS ESSENTIAL

Contact: Community Centre on 5977 2468

CLUBS, CRAFTS & INTEREST GROUPS

CARDS & GAMES

Join others to play various games such as scrabble, rummikub, uno and more!

When: Thursdays

Time: 1.00pm - 3.00pm

Cost: \$5.00

Contact: Community Centre on 5977 2468

CRAFT, BEADING, EMBROIDERY

CLASS FULL

This social group bring in their projects and enjoy some chit chat along the way.

When: Wednesdays

Time: 9.30am - 12.00pm

Cost: \$5.00

Contact: Community Centre on 5977 2468

MONDAY MAKERS CIRCLE

This group bring in their crafting projects in a social & sharing environment.

When: Mondays

Time: 9.30am - 12.30pm

Cost: \$5.00

Contact: Community Centre on 5977 2468

BOOMERANG BAGS

A community group who volunteer their time making various items for the community centre.

When: Wednesdays

Time: 12.30pm - 3.30pm

Contact: Community Centre on 5977 2468

CLUBS, CRAFTS & INTEREST GROUPS

FRENCH CLASSES

Beginners

Every Wednesday

Time: 1.00pm - 2.00pm

Conversation

Fortnightly on Wednesdays

Time: 2.00pm - 3.00pm

Cost: \$15.00 per class

Contact: Community Centre on 5977 2468

COMMUNITY CRAFT

This group bring in their craft projects, share their knowledge and enjoy a chat & a cuppa.

When: Fridays Time: 10.30am - 3.00pm

Cost: \$5.00

Contact: Community Centre on 5977 2468

WITH ONE VOICE COMMUNITY CHOIR

A community choir for people who love to sing.

When: Mondays

Time: 5.30pm - 7.15pm

Contact Judy Woods on 0474 129 528 or

Creativity Australia on 8679 6088

www.creativityaustralia.org.au

MAHJONG

EXPERIENCED PLAYERS - GROUP 1

When: Fridays Time: 11.30am - 2.30pm

Cost: \$5.00

EXPERIENCED PLAYERS - GROUP 2

When: Tuesdays Time: 11.30am - 3.30pm

When: Fridays Time: 12.30pm - 3.30pm

Cost: \$5.00

Contact: Community Centre on 5977 2468