

Community Services

Maternal & Child Health Mornington Peninsula Shire

Maternal & Child Health Nurses are available
Monday to Friday 9.00am to 4.00pm
Please call Central Bookings on 5950 1099 to
make an appointment.
Cost: FREE

Immunisations Mornington Peninsula Shire

Mornington Peninsula Shire run FREE
Immunisation Sessions at Bentons Square
Community Centre on scheduled Fridays.
Please call 5950 1099 for bookings and further
information.



Be Connected - Computers for Seniors

One on One tutorials for Seniors who want to
learn about various information technology. Learn
how to send emails, browse the internet and more.
Contact the Centre on 5977 2468 to book your
time with our tutor Tony.
Donations appreciated.



Australian Government

Be Connected

Every Australian online.

Contact

145 Bentons Road
Mornington Victoria 3931

Open: Monday to Friday
9am to 4pm
Closed: School Holidays
& Public Holidays

Phone:

03 5977 2468

Email:

communitycentre@bentonssquare.org.au

Web:

www.bentonsquare.org.au

Facebook:

Bentons Square Community Centre



BENTONS SQUARE
COMMUNITY CENTRE

Classes & Activities

Term 2, 2022

Tuesday April 26

to

Friday June 24

Clubs, Crafts & Interest Groups

Card and Board Games Group

We are looking for members who are interested in card and board games. Games include 500, Bridge, Solo, Scrabble and more.
Thursday's 1.00pm - 3.00pm
Cost: \$2.00
Phone the Centre on 5977 2468

Quilting, Sewing & Knitting Group

This social group bring in their crafty projects and enjoy some chit chat along the way.
Monday's 9.30am - 12.30pm
Contact the Centre on 5977 2468

Mahjong Group

If you like playing Mahjong this is the group for you. Experienced players only.
Friday's 11.00am - 2.00pm
Cost: \$4.00
Contact the Centre on 5977 2468

Drawing with Enjoyment

Develop & improve your drawing skills with a variety of activities using various mediums in a fun & inclusive class.
First Thursday of each month
Cost: \$5
1.00pm - 3.00pm
Contact the Centre on 5977 2468

Gardening Group

This volunteer group meets as required to weed, plant and general garden maintenance.
Thursday's 2.00pm - 3.30pm
Call the Centre on 5977 2468

Clubs, Crafts & Interest Groups

Mahjong Group

Tuesday's 11.00am - 3.00pm
Friday's 12.30pm - 3.30pm
Cost: \$4.00
Contact the Centre on 5977 2468

Boomerang Bags

Would you like to volunteer your time making reusable material bags? All materials provided.
Wednesday's 12.30pm - 3.30pm
Contact the Centre on 5977 2468 to register

Community Craft Group

Work on your own project or share crafting advice with the lovely ladies in this fun craft group.
Friday's 11.00am - 3.00pm
Cost: \$4.00
Contact the Centre on 5977 2468

Australian Plants Society

APS is for plant lovers who enjoy meeting like minded people to discuss Australian plant species.
Third Tuesday of each month
Contact Robyn on 0409 412 931
www.apsmorningtonpeninsula.org



Clubs, Crafts & Interest Groups

Luscious Ladies Choir **NEW**

Learn and perform music from all genres in this ladies only choir.
Wednesday's 10.00am - 11.30am
No experience required. First session is free.
Term fees for ten week block \$250 & \$180 concession.
Contact Paula 041 602 661

Craft, Beading & Embroidery

Wednesday's 9.30am - 12.30pm
Cost: \$4.00
Contact the Centre on 5977 2468

National Seniors Australia

A meeting that provides up to date information on the issues and advantages of being a 55 plus. Meetings are held on the 3rd Monday of each month from 2.00pm - 4.30pm.
Phone Jill on 5975 3866

Mornington Peninsula Camera Club

The club meets three times a month on a Thursday from 7.30pm - 10.30pm and holds tutorials once a month on different photo and camera techniques.
Phone Maree on 0419 532 492

Full Gospel Assembly Church Group

Sunday's 10.00am - 3.00pm
Phone Angeline on 5975 6667

IMMUNISATIONS

Mornington Peninsula Shire

The MPS Immunisation Team run FREE Immunisations, available through the National Immunisation Program Schedule.



Bookings required
Please phone 5950 1099



Special Interest

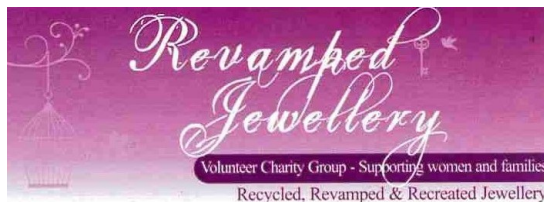
Revamped Jewellery Boutique

We proudly home this pop-up shop which is a not for profit organisation that recycles and recreates donated jewellery pieces.

All profits are donated to both local and international women's charities. If you are interested in purchasing one of their pieces, then drop by on a Tuesday between 10am and 3pm or contact Jo on 0438 437 520.

www.revampedjewellery.com.au

Jewellery donations are always welcome and can be dropped off to the Centre during business hours.



Support Groups

Multiple Sclerosis Peer Support Group

This group meets regularly at the Centre and offers information and support for people living with multiple sclerosis and their carers.

Second Tuesday of each month

11.30am - 1.30pm

Phone Ralph Althorp on 0403 810 245 or MS Connect on 1800 042 138

Peninsula Prostate Cancer Support Group

This group continues to help men with prostate cancer and their partners in a caring confidential environment during treatment and recovery.

Second Wednesday of each month (except January)

7.00pm - 8.30pm.

Phone 0422 608 345 or email peninsulapcsg@hotmail.com

AI -Anon Family Groups

A family support group meeting for people who live with or are close to somebody suffering from alcohol addiction.

Sunday's 10.00am - 11.30am

Phone 1300 252 666

NA (Narcotics Anonymous) Men's Group

A support group for people for whom drugs have become a problem. Recovering addicts meet regularly to help each other build a new way of life.

Tuesday's 7.30pm - 9.30pm

Phone Victorian NA Helpline on 9525 2833

Children's Activities & Educational Programs

Little Fish Playgroup

A community playgroup parent/guardian run for 3 year olds and under.

Morning tea is provided.

Monday's 9.30am - 11.30am

Cost: \$2.00 per family

Contact the Centre on 5977 2468 to book



Reading Rockets

A fast paced school readiness class designed for 4-5 year olds. The focus is on reading, writing & numeracy. Sessions include activities, crafts, games & songs.

Thursdays 10.30am - 11.30am

Contact Maureen on 0423 806 525 or maureen@readingrockets.com.au

Frankston Peninsula Multiple Birth Association Playgroup

This association provide support for parents of multiple birth children. Playgroup is a great way to have your children interact with others and also for parents to socialise as well.

Playgroup sessions:

Friday 11th & 25th March 2022 9am

Friday 8th April 2022 9am

Contact Julia on 9021 0620 or peninsulamultiples.com

Health & Wellbeing

Open Age Yoga & Stretching Class

Wednesday's 11.00am - 12.15pm

Cost: \$10.00

Contact the Centre on 5977 2468

Debbie's Stretching Class

This class combines yoga, pilates, tai-chi and meditation.

Cost: \$10.00

Monday's 9.30am - 10.30am

Wednesday's 9.30am - 10.30am

Contact the Centre on 5977 2468

SMS Exercise Class

An over 65's strength, mobility & stability exercise class with a qualified exercise physiologist.

WAITING LISTS APPLY

Cost: \$5

Contact the Centre on 5977 2468

BSCC Walking Group

Come join us at Bentons Square Community Centre for tea/coffee and a stroll.

Tuesday's & Thursday's 10.00am

Cost: FREE

Contact the Centre on 5977 2468

Yoga Classes with Jane **NEW**

Wednesday's 6.30pm - 7.30pm

Cost: \$15.00

Contact the Centre on 5977 2468 or Jane on 0438 842 558

GENERAL INFO

We are delighted to unveil this creative and colourful **Art Mural by local artist Tyson Savannah (Father Marker).**

A panel carefully selected this piece which we think is a great talking point for our community members. You can see it on our external wall which faces Bentons Road.



You can view Tysons other work on his webpage www.fathermarker.com